



AEC

adult enrichment centers

359 Park Avenue
Rock Hill, SC 29730
(803) 327-7448

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
June is Alzheimer's & Brain Awareness Month				1. Fewell Park Disc Golf York County Police Dept. Tour Disney + Dinosaur Documentary	2. Dunkin' Donuts Discovery Omega-3 Packed Meals Workshop Friday Board Game Competition	3.
4.	5. Health Coach Course-Green Light Means Go! Environmental Friendly Solutions GrowwithJo Mood Boost	6. Summer Fruit Salad Shop & Prep Goodwill Furniture Flip Facebook Marketplace	7. ASL for Everyone! 90's Theme Song Quiz Rock Hill Galleria Walk-The-Mall	8. Fewell Park Disc Golf Emkfit Shrek/Disco Workout Bubbly Mocktails Social	9. Omega-3 Packed Meals Workshop Friday Refresh-Frozen Yogurt Bark Transfer Water Art	10.
11.	12. Health Coach Course-Green Light Means Go! Ladies Fabric Bracelet DIY Men's Fitness Corner	13. Furniture Flip Painting Session Shop Till' You Drop Fast Hands Scrapbooking 101-Making Memories	14. Fewell Park Disc Golf ASL for Everyone! Mini Tabletop Zen Garden	15. Catawba Cultural Center-Reservation Motor Skills Fishing GrowwithJo Workout Corner	16. Omega-3 Packed Meals Workshop Wood Burning Cutting Board Outburst Afternoon	17.
18. Body of Water Week--> Happy Father's Day!	19. Juneteenth Discovery Health Coach Course-Green Light Means Go! Glencairn Garden Frog Discovery	20. CNA Week-Do-Good Deliveries River Criss Cross Team Building Furniture Flip Painting Session	21. World Music Day Group Quartet Summertime Sponge Pass Winthrop Lake Group Volleyball	22. Fewell Park Disc Golf Layers of the Ocean DIY Minimalist Textured Art	23. Omega-3 Packed Meals Workshop Marsha Marsha Marshland! Super Nintendo Fitness	24.
25.	26. Health Coach Course-Green Light Means Go! Setting the Table Basics Beat the Heat Summer Edition	27. Downtown York Stroll National Bingo Day- Instrument Bingo Furniture Flip Painting Session	28. ASL for Everyone! Natural Tie Dye Tea Towels Scrapbooking 101-Making Memories	29. 2-Ingredient Watermelon Gelato Med-Tech Check In- Sun Safety Just Dance Fitness	30. Omega-3 Packed Meals Workshop Town Hall Meeting-July Summer Jeopardy	

MONDAY THROUGH FRIDAY

7:30 AM - 3:30 PM

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